



EUROPEAN HYBRID WORKSHOP

**FOR HEALTHCARE PROFESSIONALS AND
RESEARCHERS IN OBESITY PREVENTION**

Preventing obesity from childhood: Tools and Strategies

DATE
March 4,
2026



TIME
9.30 - 1.30
PM CET



HYBRID EVENT
ONLINE and
IN PERSON



Participation is open to all professionals in Europe and beyond, until full capacity is reached. The event is free of charge.

REGISTER HERE

Contact in case of any questions:

info@eprob.es

**World
Obesity
Day**

**9 KEY NOTE SPEAKERS
IN 4 HOURS**



IN-PERSON & ONLINE

KEYNOTE
SPEAKERS

March 4, 2026 9.30 am – 1.30 pm CET



Andreea Ciudin

Vall d'Hebron University
Hospital and Research
Institute (Spain)



Julio Álvarez

Research Foundation Hospital
General Universitario de
Valencia (Spain)



Agnieszka Koziol

Jagiellonian University,
Medical College (Poland)



Elissa Cusson

MantuLab
(France)



Anne-Simone Parent

University of Liege
(Belgium)



Roser Cantenys

Generalitat de Catalunya
(Spain)



Elena Jansen

Region Hovedstaden
(Denmark)



Ángel Nadal

CIBERDEM / Universidad Miguel
Hernández (Spain)



Jeroen Lakerveld

Amsterdam Public Health research
institute (The Netherlands)

9.30- **Welcome and agenda introduction.** Manuel Tena-Sempere. eprObes Coordinator.

OPENING LECTURE

9.40- **'New horizons in the definition and treatment of obesity'.** Andreea Ciudin
Moderator: Mar Malagón.

SESSION 1. Let's prevent obesity – Novel TOOLS.

Moderator Lucía Camacho.

10.10- **'Guides and Training courses from eprObes'.** Julio Alvarez-Pitti and Agnieszka Koziol-Kozakowska.

10.30- **'AI Chatbot – Digital learning assistant for obesity research – Living demo'.** Elissa Cusson.

10.50- **Q&A**

10.55- **Coffee break (30')**

SESSION 2. Socioeconomic and mental health determinants in obesity prevention.

Moderator: Fernando Fernández-Aranda

11.25- **'Socioeconomic determinants of obesity: Data registries across Europe'.** Roser Cantenys.

11.45- **'Childhood eating behaviours and their tracking into later eating and weight problems'.** Elena Jansen.

12.05- **Q&A**

SESSION 3. Environmental factors and obesity prevention.

Moderator: Sebastien Bouret.

12.10- **'Endocrine disruptors in plastics and the risk of metabolic disorders'.** Ángel Nadal.

12.30- **'Transgenerational impact of endocrine disruptors and metabolic disease'.** Anne-Simone Parent.

12.50- **Q&A**

CLOSING LECTURE

12.55- **'Primary prevention of obesity is still a priority - Insights from OBCT and OBEClust'.** Jeroen Lakerveld.
Moderator: Manuel Tena-Sempere.

13.30- **End of the event.**

MORE INFORMATION



This hybrid event will take place in Córdoba at the Rectorate of the University of Córdoba (Avenida de Medina Azahara 5)



Registration is open for both in-person and online participants. Attendance is free of charge; prior registration is required.



The event is primarily addressed to paediatricians, as well as other clinical professionals, researchers and students.

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