



# EUROPEAN WORKSHOP FOR PREVENTION OF OBESITY

## World Obesity Day



**FREE  
UNTIL FULL  
CAPACITY**

**HYBRID EVENT CELEBRATED  
IN BRUSSELS**

**DATE**  
Tuesday, March  
4th, 2025



**TIME**  
9.30 – 13.00  
CET



**Open to researchers, clinicians and  
related professionals**

**REGISTER NOW**

Contact in case of any questions:

 [info@eprob.es](mailto:info@eprob.es)

# DETAILED PROGRAMME

## World Obesity Day – European Workshop

**09.00 - 09.25: Reception of participants.**

**09.25 - 09.30: Welcome.**

### PANEL 1. 'EARLY RISK FACTORS FOR OBESITY: FROM CONCEPTION TO PUBERTY'. CHAIR: ANNE SIMONE PARENT

09.30 - 09.45	<b>Felip Vilella.</b> INCLIVA, Carlos Simon Foundation. Spain.	'Periconceptual determinants of obesity'.
09.45 - 10.00	<b>Susan Ozanne.</b> University of Cambridge. UK.	'Developmental and gestational origins of obesity'.
10.00 - 10.15	<b>Anders Juul.</b> Rigshospitalet. Denmark.	'Child obesity and puberty: reciprocal interactions'.
10.15 - 10.25	Q&A and debate	Moderated by the panel Chair.

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### PANEL 2. 'PREVENTING OBESITY: FROM MECHANISMS TO INTERVENTIONS'. CHAIR: FERNANDO FERNÁNDEZ

10.25 - 10.40	<b>Sebastien Bouret.</b> Institut national de la santé et de la recherche médicale (INSERM). France.	'Obesity as a brain disease - implications for prevention'.
10.40 - 10.55	<b>Itziar Tueros.</b> AZTI, Food Research. Spain.	'Preventing obesity and diet-related diseases via innovative diet-monitoring and personalised nutrition'.
10.55 - 11.10	<b>David Thivel.</b> European Group on Childhood Obesity. France.	'Evolving importance of energy expenditure and physical activity on the regulation of energy balance in paediatric obesity'.
11.10 - 11.20	Q&A and debate	Moderated by the panel chair.

**11.20 - 11.50: Networking Coffee.**

**11.50 - 12.00: Early prevention of obesity projects: eprObes and BIO-STREAMS.**

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### PANEL 3. 'GLOBAL STRATEGIES FOR OBESITY PREVENTION'. CHAIR: MANUEL TENA

12.00 - 12.15	<b>Paulo J. Oliveira.</b> University of Coimbra. Portugal.	'OBEClust. European Cluster of Obesity Research Projects'.
12.15 - 12.30	<b>María del Puy Portillo.</b> Spanish Network of Excellence of Research in Obesity and Nutrition (CIBEROBN). Spain.	'Obesity research areas at the Spanish Network for Research in Obesity & Nutrition'.
12.30 - 12.45	<b>Giuseppina Luvara.</b> European Commission. Belgium.	'European Union R&I policy on Food 2030 and Obesity'.
12.45 - 12.55	Q&A and debate	Moderated by the panel chair.

**12.55 - 13.00: Final conclusions and closure.**



## PARTICIPATION

The workshop is open to the participation of researchers, clinicians or industry professionals.

The participation is free of charge.

The event is hybrid, so allowing in-person or virtual participation.

There is no more room for in-person participants, but virtual participants can register until online full capacity is reached.

## MEETING VENUE

The meeting will take place at  
Hotel Warwick  
Rue Duquesnoy 5, 1000  
BRUSSELS, BELGIUM

# WOULD YOU LIKE TO ATTEND ONLINE?

[REGISTER NOW](#)



FUNDED BY THE  
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**eprObes (Early Prevention of Obesity)** is a European research project focused on advancing knowledge and solutions for early obesity prevention and management. It integrates diverse disciplines to develop innovative strategies and improve public health outcomes.

### Horizon Europe

The European Union's key funding program for research and innovation, running from 2021 to 2027 with a budget of €95.5 billion. It aims to tackle global challenges, drive economic growth, and foster technological and scientific excellence.

### OBEClust

European Cluster of Obesity Research Projects is a network of EU-funded projects dedicated to addressing obesity through interdisciplinary collaboration. It connects projects to enhance research impact and foster sustainable solutions to the obesity epidemic.

[www.eprobes.eu](http://www.eprobes.eu)

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